

# simply the best

south florida + life + style

# THE BEAUTY ISSUE



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# Meadowood

NAPA VALLEY





Settled on a private estate in a two hundred-fifty-acre valley, Meadowood is a place where the pace of life moves with the seasons. Early in the year fields of mustard brighten the Valley floor, soon to give way to brilliant greens of spring and summer's long warm days. From the crisp autumn feel after harvest to the smell of wood burning in fireplaces during chilly winter evenings, Meadowood offers country warmth rooted in the traditions of grape growing and winemaking all year long.

Eighty-five cottages, suites and lodges are nestled into the forested hillside, providing comfort and privacy, whether you are enjoying a romantic retreat, girlfriend getaway or celebrating a reunion with your family. While most guest rooms have wood-burning fireplaces, all rooms have decks and terraces overlooking wooded areas, the golf course and croquet lawn – perfect for a private escape and dining alfresco.

Meadowood presents a broad range of wine-centered experiences, including private visits to celebrated wineries, food and wine pairings and wine classes. Begin your stay with a welcome wine reception hosted by Meadowood's Director of Wine Education Gilles de Chambure, MS. Not only will Gilles toast your arrival to the estate with a local sparkling, he is also available to you if you have any questions about your favorite wines, wineries and/or vintners.

Originally founded in 1964 as a private country club, Meadowood Napa Valley is reminiscent of an estate in a bygone era. Today it is the center of social, cultural and viticultural life in Napa Valley and a second home for those who enjoy the beauty and hospitality of the wine country.

The Restaurant at Meadowood is the estate's fine dining culinary showplace and the only Michelin two-star restaurant in the Napa Valley. Restaurant Chef Christopher Kostow - one of Food & Wine's "Best New Chefs" of 2009 - changes the menu regularly to reflect the most delicious market and garden ingredients of the day and season. For a light, casual meal you may also try The Grill or enjoy Private Dining in the comfort of your guest room. Ingredients for all menus are either grown on property or sourced as close to the estate as possible.

Fitness and wellness transcend the walls of the spa and fitness center to include the vast acreage of the estate. The property features championship croquet lawns, seven tennis courts, a nine-hole walking golf course, two swimming pools and a full-service Health Spa. Sporting venues feature resident professionals who offer instruction throughout the year for adults and children. After enjoying a service in The Health Spa, with treatments ranging from invigorating to rejuvenating, explore the 4.5 miles of hiking trails throughout the estate.

Today, Meadowood expresses the authenticity of country life and brings guests closer to the timeless traditions of the region. The property continues to serve as the common ground for the Napa Valley Vintners as well as an integral part of the cultural and social fabric of the community. 🍷

